

12 Step List Updates

Please forgive the repetition if you know all this and have heard it before, but the system is not working very well at the moment as a whole over Cornwall, so I am tasked with the job to get a comprehensive, accurate and up to date list for the county, so please bear with me. This is also to ensure that new members understand what it is and why it is important. So please read this out to your meeting.

What is it?

The 12 step list is a list of members who are 1 year sober and willing and able to be contacted by the helpline to call and/maybe meet with a person who has called in for help. Remember it is only by talking to another alcoholic that a person can get identification. There is guidance on the blue 'Hints and Tips for 12 steppers' card. (May be revised) . The second member accompanying need not have 1 year's sobriety.

Why do we need one?

When someone phones AA for help, the AA member who takes that call can only offer help from the names they have on the list for any particular area. (If there are only 1 or 2 names on that list and they can't easily be contacted, there's not much help on offer)! **You may be under the impression that most alcoholics find AA through the internet now, making the Helpline redundant. ALL CONTACTS TO AA ON CHAT NOW OR via ONLINE RESPONDERS ARE STEERED TOWARDS PHONING THE HELPLINE to be put in contact with someone in their area,**

Has your group got one?

Maybe it hasn't? In which case you will find a copy of a blank form with this sheet. Please offer all members the opportunity to go on the list and explain the requirements. Please fill it in and KEEP A COPY OF IT.

Maybe it has?

If you find an old list, Please make sure it is updated – old names off- new ones on – updated phone numbers etc. PLEASE KEEP A COPY .

The idea is that someone in the Group (preferably the GSR) takes on the responsibility to look at the list before intergroup every 2 months and see if it needs any changes – offering any new members the opportunity of joining the list. You do not have to do a new list every time: just make any changes to existing list. (As long as you keep a copy, you can phone me if there are only a few changes)

What to do with it?

Send one copy to : *Phil* by any of the following means *email*

Usually GSR brings the list to Intergroup, if not *12stepcornwall@gmail.com*

Either email me on _____ Or phone me on _____ – to let me know of any changes

Many thanks for your co-operation. With your help we can make our 12 step list a really good one!

Read Hints & suggestions for 12 steppers for guidance