

## ... Service outside your Group

### ... up to a year sober

There is plenty you can help with before you reach that 1 year milestone

#### Public Information

Ask your GSR or make contact with your Public information liaison officer

Be available for shares to :

- Schools/Employers/Health authorities
- Criminal Justice authorities
- Community Services
- Alcohol Awareness week (AA usually runs various initiatives to correspond with the annual government run Alcohol awareness week)

#### Accompany member on a 12 step call :

(go with your sponsor or another member on group 12 step list)

Write an article for Share magazine

### ... at 1 year sober

#### Volunteer for Telephone Duty

(Extremely rewarding service which puts you in direct contact with the still suffering alcoholic.

Ask your GSR)

### ... at 2 years sober

**Prison Postal Service** (correspond with AA members in prison)

**Court Service** (attend Truro Magistrates court, accompanied)

#### Online Responder/Chat Now Service

ask your GSR or contact relevant Intergroup officer. (**Electronic Communications Officer**)

## Could this be you?

Consider maybe going to Intergroup as an observer... just to listen.

There is always a need for members to take up service here. (2 years sobriety)

#### Intergroup positions

**Chair** (conducts the meeting, approves Agenda and minutes)

**Vice Chair** (conducts meeting in the absence of Chair)

**Treasurer** (keeps proper accounts of all Intergroup finance and makes sure funds are available for essential current requirements)

**Secretary** (produces the Intergroup minutes and distributes to the groups)

**Public Information liaison officer** (is responsible for ensuring that information about the AA message and programme is conveyed to outside organisations to the best possible advantage)

**Health liaison officer** (establish links with Healthcare professionals)

**Employment liaison officer** (liaises with all sectors of commerce and industry)

**Probation liaison officer** (establishes links with the probation services)

There are also positions for **Telephone liaison officer**, **Young Persons liaison officer**, **Electronic Communications officer**, **Where-to-Find officer**, **Share liaison officer**

## Tip...

Get yourself a copy of the AA Service and AA Structure Handbooks

A wealth of wisdom and experience...

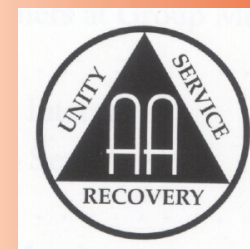
**all for 2p!**



## How can I help?

Service opportunities for members in early sobriety

### ... the first 3 years



Produced by Cornwall Intergroup

[www.aa-cornwall.co.uk](http://www.aa-cornwall.co.uk)

## ... I am responsible

“Alcoholics Anonymous is more than a set of principles; it is a Fellowship of alcoholics in action. Service is at the centre of every AA concept and is as fundamental to AA as abstinence is to sobriety. Without this giving of oneself to another, there would be no Fellowship.  
This desire to serve improves recovery.

As newcomers, we see people giving time, energy and love in the service of the Fellowship, and it is suggested that we too should become involved. Those of us who have done this will tell you of the enormous benefits we have received by willingly stepping into service. A great paradox of AA is that rewards come when we begin to forget ourselves.”

The following suggestions are not designed to take the place of working your own recovery programme . . . but to introduce ways in which you may make a start growing into service, with the support of your sponsor and the endorsement of the group conscience of your Home Group.

The guidelines for the lengths of sobriety listed here are recommended, based on the experience of AA.  
Each group uses their discretion as to the suitability of proposed candidates.

## Service in your group. . . up to a year sober . . .

### At Face to Face meetings

Regular attendance at our group's meeting is in itself a form of service. Love and effort is needed to keep the group growing and maintained.

**Arrive early** (put up slogans, arrange chairs, display the AA literature)

\***Welcomers** (greeting newcomers and members)

**Refreshment** (maintains supply of tea, coffee etc, makes the tea and coffee, makes sure kitchen is cleared before leaving the meeting)

\***Readers** (Preamble, Cards, Promises etc.)

\***Chip person** (Birthday/Anniversary secretary, could keep the birthday book listing members' sobriety dates)

\***Timekeeping** (some meetings like to keep shares to a max length to ensure everyone has an opportunity to share)

### At Online and Hybrid meetings

The growth of online meetings has provided opportunities for extra service positions for newcomers . . . as well as some of the traditional positions.

(\*those marked with asterisk common to both)

**Tech Host and co-host** (an opportunity for newcomers to utilise their technology skills)

**Chat monitor** (monitors proper use of chat function)

**Literature announcer** (announces any new publications, provides links in chat to access any e-literature, and reminds members of the aa-gb shop where literature is available)

**Screen sharer** (shares appropriate announcements)

**Social secretary** (shares any organised online or face-to-face meet-ups of group members)

**Tradition 7 announcer** (shares how to make donations to group)

## ... at 1 year sober

For comprehensive job descriptions of these posts refer to the \*AA Structure Handbook & The AA Service Handbook. Also 'The AA Group' leaflet, packed with good info.

### Literature Secretary

\***Speaker finder**

### Share rep

\***Go on your group's 12 step list**

(ask your GSR, or chair person)

\*Current versions of AA Structure Handbook & The AA Service Handbook available in digital form:  
[www.alcoholics-anonymous.org.uk](http://www.alcoholics-anonymous.org.uk)

## . . at 2 years sober

\***Chair/ Secretary** (normally rolled into one position in Cornwall meetings. Usually has experience of service in other positions at group level)

\***Treasurer** (ask your GSR, or chair person)

\***Group Service Representative**  
(see also leaflet 'Now I'm a GSR')