

Alcoholics Anonymous Intergroup Meeting MINUTES

Sunday, July 19th, 10am, Parish Centre, St Mary's Road, Bodmin, PL31 1NF

"The aims of an Intergroup are to aid the constituent groups in their common purpose of carrying the AA message to the still suffering alcoholic and by using their combined strength and unity to improve and maintain good relations with all organisations within the community" (The AA Structure Handbook for Great Britain 2022)

Matthew opened the meeting, and members read the preamble, 12 Traditions, Declaration of Unity and Responsibility Statements.

Matthew also stated that his aim as chair is to get more people involved and excited about taking service. He said that after his experience at region, there had been some incidents where he found that the principles over personalities was not being considered. We should be mindful and respectful of how we treat each other and should remember the newcomer and try and form a culture of friendship at Intergroup.

Eligible to vote. 21 members. 25 attendees. Apologies from Marion (TLO), Mike (ECLO) and Lucy (Truro Young Persons).

Minutes of the last meeting –Amendments noted: Jess. D was incorrectly written as a GSR in attendee notes last meeting.

Minutes approved by Sally, seconded by Bob.

Matters Arising-

Holly A (SWR Board) taking Questions on Questions for Conference 2026, Region and service.

Holly was happy to discuss any questions and ideas for the next conference (deadline for suggestions is August 31st) She was also attending to give clarity after last Intergroups visiting officer who was invited to explain what happened at the conference had made a few mistakes and gave some differing opinions. The facts were that the South West Region didn't have enough delegates, and the committee couldn't move delegates around after they were properly assigned their questions. No-one was blocked from representing the region. There was no ulterior motive behind the decision. All responses from the South West, including the Committee 4 questions were passed and included in the decisions made. All views were taken into account and voted on appropriately.

What came out of the discussion was that the South West needed more delegates and alternative delegates.

A question was asked what the difference between a delegate and alternative delegate was. An alternate delegate is still a delegate, in waiting. They take the place of anyone unavailable due to illness etc. Having nominations for delegates is no guarantee that the positions are taken.

The length of sobriety to be a delegate is 5 years, as a 3-year commitment. No fixed number of meetings, the delegates arrange their own – usually 4 meetings annually.

Rob stated that having been a conference delegate he found it to be a thrilling and satisfying experience. If you're interested in doing service, it's a highly recommended position. Raymond and Nick both seconded this.

After discussing the QFC and Region meetings, a GSR thanked Matthew and the group for how we don't want Intergroup to ever be a clash of personalities, that it made them feel uncomfortable. That we should keep in the spirit of AA and the principles and traditions. Their statement was well received and agreed with by the group.

Holly was asked about the Inclusivity Workshops – which arose from the Questions for Conference, it's a working group, in covering three different avenues – accessibility, LGBTQ+, as a GSOP initiative. Gail mentioned that she produced an easy-to-understand meeting script for a dyslexic member who was chairing a Launceston meeting, with symbols and cues. It was effective and if anyone wished to use the template they could get in touch, or have it included on the website paperwork.

Exeter University Medical Workshops update.

A series of workshops will be held (possibly either October 23rd, or January 5th) on the subject of 'narrative medicine' where AA Members from Cornwall are invited to attend and share their experience to students. We would have 45 mins of sharing time to provide narrative insight on living as an alcoholic.

Steph will lead the arrangements, with Jess, Bob and anyone willing to do service – Andrew offered to be a part of the workshop, after having participated in similar workshops in Canterbury, Rachel was also happy to be involved. Steve and the P.I committee would also be liaised with. ***If you would like to do a share for the workshop, please contact Steph or the Secretary.*** More details to be announced in the future.

Officers to take inventory of any floats/funds and equipment.

Items such as laptops, printers, equipment and floats from the treasury to be audited for **November Intergroup Informed Group Conscience.** Please make a note of what equipment you have, any provide a float balance and receipts of purchases and pass them on to Nick (Treasurer). This will be an annual inventory alongside the group conscience.

Questions for group feedback to be released in September to determine how effective Intergroup has been in the past year (Informed Group Conscience).

Public Information Meeting was held after Intergroup; all were welcome to attend.

Contact numbers for GSR's and Officers (voluntary and private/confidential) for ease of contact/connection. Thank you to all those who provided contact information so far.

Elections

Roles Now Available: Health Liaison Officer, Employment Liaison Officer, Archives, (Please circulate these positions to your groups)

Region Reps (2x officers' positions available) Andrew McG and Rachel N gave their extensive AA C. V's and were both voted in unanimously and have taken on the Region Representative roles as of July 2026.

Electronic Communications Officer: Henry M was voted in unanimously in the ECLO role, supported by Mike.

Archivist: Shirl B put herself forward as Archivist, nominated by Steph, and seconded by Sophie. To be voted on at the September Intergroup.

Public Information Officer: Steve G has put himself forward for the P.I. Officer role, after a discussion with the P.I Committee and with Intergroup. To be voted on in September.

During voting, it was discussed that we should have temporary representatives in place, in case of illness or unavailability, and to avoid co-opting into voting – ensuring that as temporary representatives, they are knowledgeable of the processes and past minutes at Region, ensuring they are informed and voting in the right way.

There was also some confusion as to Steve's position as chair of the Public Information committee and how it differs from the post of Public Information Officer. Raymond had taken the P.I Officer role temporarily, due to the late officer's illness. Steve would like to take the Officer role, but would he have to hand over the Armed Forced Liaison Officer position? Steve said that he knew of members who would be interested in taken over the position from him, so he could stand for PI.

Shirl expressed great enthusiasm and ideas for the Archivist role, and Rob would be happy to assist her. The position has been vacant for around 20 years, so if anyone else is interested in standing before the next Intergroup meeting, feel free to get in touch.

Henry has an ideal background in IT and website development and will be liaising with Mike to become up to date with the position.

We'd like to thank everyone for their enthusiasm and service and offer all our support and gratitude.

Group Reports

Wadebridge Friday Evening

Our group is healthy in numbers, averaging 20-30 fellows weekly. Finances are robust. We have been able to send regular contributions to Cornwall Intergroup. All service positions are currently filled
Andrew McG - GSR Wadebridge

Wadebridge Wednesday

The group continues to enjoy good attendance with all service positions currently occupied. The group welcomed three newcomers last week which is extremely encouraging 😊 we have been joined by returning visitors and our wonderful regulars. Everyone welcome.
Ellie GSR

Redruth Sunday

Numbers are down to around late teens early 20's over the last 6 weeks are so

still a good range of demographic, though not many fellows under 30 currently attending.

Service positions are all filled and group consciences are well attended.

The meeting is not overflowing with funds but is definitely self-supporting currently.
Simon C, GSR.

St Just

We have a core membership of 12-14 with a wide range of ages, both biologically as well as in terms of sobriety. We use a 4-week rotating programme of Step/Tradition, speaker, topic and speaker.

We recently decided to put an advert in the local paper; several of us can remember that this used to be an effective way of letting the local area know that AA is available nearby. The advert is exactly the same as the national one with the helpline number on it.

Sally R (GSR)

Truro Young Persons

We are doing well and have welcome a few non young persons to our meeting which has been lovely. Pot is doing well and we've made our first donation to Intergroup.

Lucie, GSR

Tuckingmill Monday

As I have previously mentioned that our number of regular members have dropped.

We are still struggling, so I would be grateful if the word can still be spread to other groups please.

We are unable to make donations to intergroup as our funds are low. We are not always making the cost of the rent due to lack of attendance so existing members are putting in a little extra to help with costs.

Service positions are filled apart from the literature position.

Christine R, GSR

Camborne Tuesday

The group is well attended with a good range of sobriety lengths.

We are fully self-supporting and make regular donations to intergroup.

Service positions are all filled and are rotated regularly.

Christine R, GSR

Liskeard Tuesday Meeting

The meeting is going well, with regular attendance of around eight, the group has sent money to Intergroup. We look forward to welcoming any visitors who wish to attend.

Dave S, GSR

Chacewater Sunday Step Meeting

Attendance: The meeting continues to be well attended, with approximately 15 regular members. We are also welcoming a steady number of visitors who are on holiday in the area, which is very positive. In addition, several newcomers have begun attending and are returning.

Group Conscience / Service Positions: The group has been without a GSR for some time, which has meant group conscience meetings have been irregular. The group

intends to begin scheduling these on a more consistent basis going forward. All service positions are filled with the exception of Greeter
Finances: Prudent Reserve: £200, Literature Float: £80, Balance as of 17/05/26: £260.48, Rent: Paid up to the end of April, Rent Invoice Requested: Multiple emails sent to request invoice for May, June & July, Payment to York: £0 - next group conscience the payment to York will be agreed.

The group agreed that the recent Tradition 7 contribution should be sent to York. This decision was made because there were some questions within the group regarding spending on advertising and promotional materials. Information regarding the spending has not yet been received.

Jill H, GSR

St Mawes Meeting

We have a small core membership with good sobriety and also two newcomers. We are self-supporting and have made a generous contribution today. We always love seeing visitors and it's a great place to come particularly in the summer. I've transferred £100.00 to the intergroup account. I'm sorry that once again I didn't make it to the meeting,
Pip F, GSR.

Truro Thursday Lunchtime Meeting

Attendance

Very popular, well attended; 15-30 attendees weekly, with frequent newcomers, tourists visiting on holiday, and a very good mixed attendance in terms of age, gender, sobriety time.

Finances: Healthy pot, always well attended and fully solvent.

Meeting Format: Chair share on a weekly basis, speakers sourced by GSR, Secretary and Treasurer.

WOULD WELCOME ANY VOLUNTEERS TO CHAIR SHARE. CAN INTERGROUP ASSIST?

Literature: Good supply of literature; diligent Literature Officer

Serving Officer Vacancies: All Serving Officer positions filled

Bob B.

GSR

Rotation of Officers. n/a

Officers' Reports

Treasurers Report (Nick R)

(See report) Gratitude week money received with thanks, please ensure that it is labelled as such when transferring. Nick emphasised the need to take an audit on any funds/floats allocated to Officers.

It was asked whether it was time to start sending money to Region again, after funds were sent directly to GSO. Dave (Region Rep) said that the P.I budget for region had been reduced after concerns and that £11'000 had been sent to GSO from Region.

Motion – send funds to Region.

Votes: 17 YES,) NO, 3 ABSTAIN. VOTE CARRIED.

Chair (Matthew H)

I am settling in and focused on what I can do to make Intergroup a fun environment to be a part of, to effectively attract new people to service, and encourage members to participate. Seeing their lives and recovery expand is amazing.

12 Step Co-Ordinator Report

The 12 Step List continues to be updated regularly and passed on to the Telephone Responders.

Thank you to the two groups that have given me updated lists, it really is helpful to keep it update. I would ask if people who are on the 12 Step List and have been for a while could let me know if their telephone numbers change. There have been some messages from responders who have tried to contact 12 steppers whose number is unobtainable.

It would also help if when volunteering people could put down the area's that they are willing to cover. I know it's difficult to know which area is near a caller also postcodes would help.

Thank you again for all who volunteer and put themselves forward to be a 12 Stepper, it really is a rewarding service position.

There is a new meeting starting on Thursday 29th August 6pm - 7pm at St Thomas of Canterbury's Church, Victoria Rd., Camelford (just off Main car park). PL32 9TH Experience Strength and Hope.

I am finally able to access the 12-step email from GSO – any changes sent to 12step.cornwall@aamail.org

Any updated lists please hand to Pet. Please continue to update your groups 12 step lists and also areas 12 steppers are willing to cover.

Telephone Liaison Officer Report: The telephones are running well at the moment.

There is one vacancy on a Saturday morning 8.30-1pm, every three weeks.

There is good communication via WhatsApp for the responders and the co-ordinators.

If anyone who has done telephone service in the past feels that they would be able to be on the Flexi-List to cover holiday, could you let me know, thank you. Email:

telephones.cornwall@aamail.org

Marion W 12 Step Co Ordinator/TLO

Young Persons Liaison Officer Report

It's been a really positive few months for Young Persons outreach.

I finished my sessions at Wadebridge School, which were a real success. The feedback from staff was fantastic, and they're keen to make it an annual programme, which we're now looking to put in place.

I've also met with CELT, which looks like it will lead to work in another five schools around the St Austell/Newquay area next academic year.

I'm currently looking at dates with Camelford School (October), Roseland Academy, Penrice Academy and Richard Lander School for the new school year.

I'm continuing to build relationships with Saltash Community Hub and the NHS Neighbourhood Team to help strengthen local support and awareness for young people.

Overall, it's been a successful period with some really solid foundations now in place.

I'm looking forward to getting back into schools in September and will keep using the summer break to build more connections that support young people across Cornwall.

Steph. YPLO

Steph also mentioned that it is good idea to explore taking a member of AA with her in order to shadow and train the next officer. ***This is also good practice for all officers and GSR's.***

She was asked whether at Freshers week, etc, whether she was promoting N.A, AlAnon etc. Due to singleness of purpose, NA would not be officially addressed, however AlAnon support and contact would be mentioned.

Where to Find Report (Simon C)

Where to Find leaflets were handed out, alongside the Public Information Work Form for groups. The main changes were two closures, Polperro Sunday, Liskeard Saturday, one switch – Launceston from Tuesday to Monday (same venue and times), temporary change of venue-Tuckingmill to next door. New meetings: Bude Thursday 6-7 same venue as Tues, Camelford Thursday 6-7.

Please would all contacts check your details, addresses, accessibility etc to keep the WTF updated. Any updates can be sent to wheretofind.cornwall@aamail.org

Public Information Committee Chair, Armed Forces LO

Steve has compiled a form for groups (handed out with WTF's, offering groups and individuals the opportunity to help P.I, but not necessarily having to be on the P.I committee. Army veteran hubs and NHS Mental Health hubs in your areas may wish to help, or acts as contacts, or hosts for P.I workshops and talks.

Any sectors can be facilitated if members of your group or area if you have that background connection and would be willing to set up communication and Liaise with Steve and the Committee.

On the P.I Form please add what group you are in/represent as this had been accidentally left out.

Steve G

Share Liaison Report

I am currently in the process of speaking to Claire (previous SLO) for best practice advice and compiling a list of groups to visit in the near future.

Gail K

Region Report

Region started with the post Conference reports from each committee, ending the ratification of conference delegates – with one exception.

Matt D, who was de-selected due to his report found to be untrue and biased.

All other region officers were ratified.

David H was nominated for the position of board member (trustee), another person needs to be put forward as we need two nominations. This needs to be in by September.

Peter (Devon) was put forward for secretary.

5 Alternative Conference Delegates were nominated.

Public Information officer is vacant.

TLO – Martin to take over from Christian

Employment Liaison Officer: Peter S

Share LO: Alison

YPLO: Matthew (Plym)

SNCC: Andy S

All to be ratified at next meeting. We sent £11'000 to GSO.

Next meeting September 6th.

Dave S.

Dave asked that any members of Intergroup willing to attend in person or online at Region please familiarise yourself with the latest minutes, and feel free to ask for support – all are available on the region website.

Matthew said that visiting members had been co-opted into voting at the last meeting. **It was agreed that Intergroup were happy to have temporary**

representatives or alternatives for future region meetings.

Attending at next Region meeting in Sept. will be Steph (YPLO), Matthew (Chair) and Pete (Secretary).

Convention Officers Report

AA Cornwall Convention, Sunday 14th June 2026, Launceston.

Highlights: We had 9 main shares, 4 from Cornwall, 1 from Devon, 1 from Somerset, 1 from USA and 2 AI-Anon.

128 people attended.

96 tickets bought in advance and 32 tickets on the day.

Feedback on shares was excellent, and we would like to thank all the speakers for attending.

Finance:14/06/2026

Number of people attended 128

Income £ 3292.93

Expenditure £2652.93

Tradition Seven Collection £205.56

Surplus for Intergroup £434.44

Review: Launceston town hall was again an excellent venue with free parking next door. The staff at the town hall were extremely friendly and helpful before the event and after.

We raised the price from £8 to £10 to simplify cash payments and to cover the cost of a good quality pasty which cost £5 each.

Feedback followed from last year;

Better signage outside the town hall, thanks to Ray for A-frame

Ashtrays outside provided for smokers

Better name badges in the form of lanyards which were purchased by the Launceston group and can be passed on to next year's convention.

We ensured there was a larger proportion of vegetarian pasties and everyone was catered for.

We had a card reader available which was used to take £75, thanks Nick.

We displayed timelines in the foyer, main room and outside so people were aware of when breaks were.

The coach ran successfully, thanks to Nick R for organising, a collection was made for the shortfall of £150 which was met with a surplus.

Registration Process: Tickets were mainly sold online (96) which enabled us to know the convention was going to be financially viable and helped with room layout.

The town hall can hold up to 300.

Staff/Volunteers: Huge thanks to all our volunteers from the Launceston groups and everyone else who helped on the day.

Feedback Received:

Raffle tickets to be shuffled more thoroughly as the same people seemed to win multiple prizes. This could be that they bought a larger number of tickets.

Tomato sauce please for pasties!

Request for Hazelden literature to be available, intergroup opinion welcomed.

Have Tradition Seven collection at the end of each session as some people do not stay until the end.

Have a Tradition Seven bucket on the bar.

Request for a sobriety countdown to include the grand total of sobriety time, this would be written in a book as people arrive (optional) and then totalled throughout the day to be announced at the end. This is a great idea.

It was requested that the circle be created for the sobriety countdown as it was in Chacewater in 2024. Personally, we found this a little hard to organise and meant the older attendees were standing the longest.

I do think it would be nice to have the serenity prayer read with everyone holding hands at the end – either in a circle or at their seats.

At the Southern National Convention, they once got the whole audience to recite the preamble and although at the time it made me feel like I was in a cult, I missed it when they didn't do it the following day!

Next Year:

We would be willing to investigate running the 3rd Cornwall Convention in Launceston again for 2027 – dates available are July 4th, 11th, 18th or November 28th. July is preferred for the option of being outside in the breaks.

It has been requested to have music afterwards which would need a clear away and set up from 4.00pm-5.00pm and additional food. More volunteers would be welcomed for the committee.

Thoughts on 2027 – volunteers please email aacornwallconvention@gmail.com

Thank you for allowing us to organise 2 successful conventions and work together, *teamwork made the dream work!*

Gail K

Any other business? – Due to some members able to make the next Intergroup meeting due to Southern National Convention commitments, it was agreed that the September Meeting be moved (see amended date and time below).

Any resentments? n/a

Next Meeting – Sunday, 13th September 2026, 10am, Camborne Community Centre, 9 South Terrace, Camborne TR14 8SU

Refreshments – taken by Steve for next meeting.

Serenity Prayer closed the meeting.

Post	Officers name	Rotating Out	Contact details
Chairperson	Matthew H	03/2029	chair.cornwall@aamail.org
Vice-Chair	Raymond H	09/2027	raymond.hooper949@gmail.com
Treasurer	Nick R	01/2028	nick4epc@gmail.com
Secretary	Pete L	01/2028	secretary.cornwall@aamail.org
Convention Committee	Gail K	03/2028	aacornwallconvention@gmail.com
Where To Find Liaison Officer	Simon C	05/2029	wheretofind.cornwall@aamail.org
Public Information Liaison Officer	Raymond H	03/2028	raymond.hooper949@gmail.com
Employment Liaison Officer	Vacant		-
Archives	Vacant		- Voting next meeting -
Share Liaison Officer	Gail K	05/2029	gailkirky@hotmail.com
Telephone/12 Step Liaison Officer	Marion	03/2029	telephones.cornwall@aamail.org
Probation Liaison Officer	Matthew H	01/2028	m.harvey2@outlook.com
Health Liaison Officer	Vacant		health.cornwall@aamail.org
Electronic Comms Liaison Officer	Henry M	07/2029	ecomm.cornwall@aamail.org
Armed Forces Liaison Officer	Steve G	11/2028	stephen.gilbert060@gmail.com
Young Persons' Liaison Officer	Steph T	09/2027	youngpersons.cornwall@aamail.org
Region 1	Dave S	07/2027	Contact Secretary
Region 2	Andrew McG	07/2029	andrew.wdbr@gmail.com
Region 3	Rachel N	07/2029	rmne63@gmail.com

In Attendance: Pete L (Sec), Raymond H (P.I), Trudy (GSR), Dave S (Region rep), Henry M (GSR, ECLO), Christine R (GSR), Rachel N (GSR, Region rep), Janice M (GSR), Steph T (YPLO), Sophie P (GSR), Ellie P (GSR). Andrew McG (GSR, Region rep), Bob B (GSR), Lee N (stand in GSR), Simon C (WTFO), Sally R (GSR), Steve G (AFLO), Rob D (obs), Nick R (Treas), Matthew H (Chair), Shirley B (obs), Karina A (GSR), Gail K (SLO, Conv), Jill H (GSR), Holly A (GSB Trustee)